Republic of the Philippines

Department of Education

REGION IV- A CALABARZON

CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

16 November 2026

DIVISION MEMORANDUM
No. 760 s. 2026

COMMEMORATION OF THE WORLD MENTAL HEALTH DAY

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public Elementary and Secondary Schools
Heads, Unit/Section
All Others Concerned

1. This Office through the School Governance Operation Divisions-School Health and Nutrition Unit, hereby disseminates information for the Commemoration of World Mental Health Day.

2. All schools shall ensure that in conducting mental health promotion activities and initiatives, the schools shall comply with the No Disruption of Classes Policy stipulated in **DepEd Order No. 9 s. 2025** and the policy on off-campus activities stated in **DepEd Order No. 66 s. 2017**.

3. Materials and references for the recommended activities can be accessed through this link: https://bit.ly/DepEd_MH2026 , and the Post Activity Report shall be uploaded in this link: https://tinyurl.com/9zbk7yn5.

4. For other details, contact SGOD-School Health and Nutrition Unit through Ms. Alelie A. Padillo at alelie.padillo@deped.gov.ph or through this number **09683858113**.

5. For guidance of all concerned.

CELEDONIO B. BALDERAS JR.
Schools Division Superintendent

Encl.: None
Reference: RM No. 737 s. 2026
DO No. 9 s. 2025
DO No. 66 s. 2017
To be indicated in the Perpetual Index
under the following subjects:

COMMEMORATION OF THE WORLD MENTAL HEALTH DAY

SGOD- commemoration of the world mental health day
4SF6S-000672 /November 16, 2026

Address: Brgy. Potol, Tayabas City
Telephone No.: (042) 785-9615
Email Address: tayabas.city@deped.gov.ph
Website: https://www.sdotayabascity.ph